

CITY OF BEACHWOOD - SENIOR SPECIAL EVENT

Meditation and Mocktails

Tuesday, March 17
11:00 a.m. - 12:30 p.m.

Unwind and reset with a calming, guided meditation designed specifically for seniors. Afterward, enjoy a festive flight of St. Patrick's Day-inspired mocktails, plus recipes to recreate them at home.

Meditation by:

*Julie
Konrad*

CITY OF
Beachwood



Beachwood Community Center
25325 Fairmount Blvd.

Registration Required:
BeachwoodRec.com or 216.292.1970

Cost: City Residents \$2, Non-Residents \$4