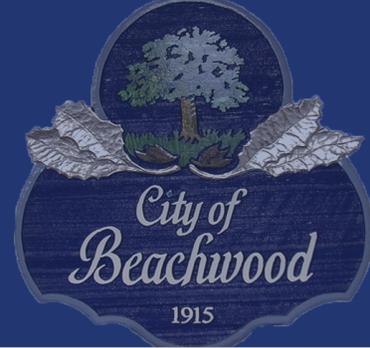


March 2026

MONTHLY MINUTE

PROGRAMS & ACTIVITIES FOR SENIORS



CITY OF
Beachwood



Medicaid & Asset Protection Lunch & Learn

Thursday, March 12, 12:00 PM
Beachwood Community Center

Discover how to protect your home and life savings from the rising costs of long-term care. Gain valuable insight while enjoying a complimentary lunch. Sign up at no cost by March 6.

Stay Scam Smart

Wednesday, April 22, 1:00 PM
Beachwood Community Center

Learn how to recognize common scams, protect yourself from fraud, and stay safe. Led by Deanna Snider-Francis from Kemper House and Lt. Owens from Beachwood Police. Register at no cost by April 15.

Ladies Tea - Derby Edition

Thursday, April 30, 12:00 PM
Beachwood Community Center

A delightful Ladies Tea inspired by the elegance of the Kentucky Derby! Dress in your hats and Derby best while you enjoy entertainment, tea, mini sandwiches, and dessert. Just \$8 for residents and \$10 for non-residents.

2025 State of the City with Beachwood Seniors

March Meet & Eat: Chardon Polka Band

Thursday, March 19, 12:00 PM, Community Center
Cost: Residents \$14, Non-Residents \$17, Program Only \$6

The Chardon Polka Band brings a unique twist to the traditional polka sound! Known for their high-energy, this Cleveland-based group mixes classic polka favorites, modern tunes, and comedic flair. **Sponsored by Solon Pointe.**

Meal choices include turkey tetrazzini or angel hair pasta. All entrees served with side salad, roll, beverage and dessert. Gluten free option available.

Meditation & Mocktails with Julie Konrad

Tuesday, March 17, 11:00 AM, Community Center
Cost: Residents \$2, Non-Residents \$4

Relax and unwind with a guided meditation followed by a flight of festive, St. Patrick's Day-inspired mocktails among friends. All designed specifically for seniors! Enjoy the perfect blend of mindfulness, well-being, and seasonal fun with instructor Julie Konrad. **Sponsored by King David Center.**

State of the City with Mayor Berns - Senior Bites & Insights

Friday, March 27, 10:30 AM, Community Center
Please RSVP at no cost by Friday, March 20.

A special edition of State of the City offered specifically for our seniors! Join Mayor Berns at the Community Center for pastries, light refreshments, and an overview of the 2026 State of the City. Learn about the city's latest projects, initiatives, and more. Registration is free.



MARCH CALENDAR



SS: SilverSneakers Class

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:15AM - Fun w/ Fitness 12:30PM - Mahj/Canasta	3 10AM - SS Classic 10AM - Drawing Class 11AM - SS Yoga/Tai-Chi 12:30PM - Duplicate Bridge 1PM - Drawing Class	4 9:15AM - Fun w/ Fitness 12:30PM - Mahj/Canasta 12:30PM - Party Bridge	5 10AM - SS Classic 11AM - SS Yoga/Tai-Chi 1PM - Movie, <i>Breakfast at Tiffany's</i>	6 11:30AM - Sanctioned Duplicate Bridge
9 9:15AM - Fun w/ Fitness 12:30PM - Beginner Mahj Lessons 12:30PM - Mahj/Canasta 1PM - Bingo Bonanza	10 10AM - SS Classic 10AM - Drawing Class 11AM - SS Yoga/Tai-Chi 12:30PM - Duplicate Bridge 1PM - Drawing Class	11 9:15AM - Fun w/ Fitness 11AM - Lunch Bunch at The Lodge at Bass Lake 12:30PM - Mahj/Canasta 12:30PM - Party Bridge	12 10AM - SS Classic 11AM - SS Yoga/Tai-Chi 12PM - Medicaid & Asset Protection Lunch & Learn 1PM - Trivia Challenge	13 11:30AM - Sanctioned Duplicate Bridge
16 9:15AM - Fun w/ Fitness 12:30PM - Beginner Mahj Lessons 12:30PM - Mahj/Canasta	17 10AM - SS Classic 10AM - Drawing Class 11AM - Meditation & Mocktails 12:30PM - Duplicate Bridge 1PM - Drawing Class	18 9:15AM - Fun w/ Fitness 12:30PM - Mahj/Canasta 12:30PM - Party Bridge	19 12PM - Meet & Eat; Chardon Polka Band	20 9:30AM - Chan Conducts Bartok, CLE Orchestra 11:30AM - Sanctioned Duplicate Bridge March 22: 2PM - Sunday Sounds Concert
23 9:15AM - Fun w/ Fitness 12:30PM - Beginner Mahj Lessons 12:30PM - Mahj/Canasta 5PM - Supper Club at Happy Dog	24 10AM - SS Classic 10AM - Drawing Class 11AM - SS Yoga/Tai-Chi 12:30PM - Duplicate Bridge 1PM - Drawing Class	25 9:15AM - Fun w/ Fitness 12:30PM - Mahj/Canasta 12:30PM - Party Bridge	26 10AM - SS Classic 11AM - SS Yoga/Tai-Chi 1PM - Trivia Challenge	27 10:30AM - State of the City for Beachwood Seniors 11:30AM - Sanctioned Duplicate Bridge
30 9:15AM - Fun w/ Fitness 12:30PM - Beginner Mahj Lessons 12:30PM - Mahj/Canasta	31 10AM - SS Classic 10AM - Drawing Class 11AM - SS Yoga/Tai-Chi 12:30PM - Duplicate Bridge 1PM - Drawing Class			

How To Register: Visit us online at BeachwoodRec.com, in-person at City Hall (25325 Fairmount Blvd), or call the Community Services Department at 216.292.1970.

Overnight Trip: Niagara-on-the-Lake

August 24-26, 2026 (Single \$1,360/person, Double \$1,110/person)

Experience the charm, culture, and beauty of Niagara-on-the-Lake on this unforgettable summer getaway. From August 24-26, enjoy world-class theatre at the Shaw Festival, elegant accommodations at the historic Prince of Wales Hotel, and deluxe motor coach transport. Key highlights also include Frank Lloyd Wright's Martin House, a Grand Lady Cruise in Buffalo, and shows including *Funny Girl* and *Amadeus*.

This three-day escape blends relaxation, entertainment, and exploration into one extraordinary trip. Full payment and registration due July 10.

